

WHO SHOULD YOU CALL?

Call Washington County
Public Health Service at:

746-2400

or

1-800-624-4221

...REMEMBER...

The best possible way for you
to have a healthy
baby is to:

See your doctor regularly.

Participate in the
Washington County
MOMS Program.



Washington County
Public Health Service
415 Lower Main Street
Hudson Falls, NY 12839

Washington County Public Health MOMS Program



Healthy Mothers, Healthy Babies!

WHAT IS MOMS?

MOMS stands for Medicaid Obstetrical Maternal Services. The MOMS Program is a prenatal care program that provides health supportive services to pregnant women who are currently receiving Medicaid benefits or who are eligible to receive Medical benefits.

WHY SHOULD YOU PARTICIPATE?

If you're pregnant, you need to take good care of yourself to make sure that everything goes well. It has been found that mothers who receive good prenatal care have healthier, stronger babies.

In fact, mothers who don't receive good prenatal care often have smaller babies who are born too soon. Sometimes when babies are born early, they can have serious breathing or heart problems and must stay in the hospital for a long time.



WHO IS ELIGIBLE?

MOMS is one of several expanded programs. Even if you are working, you may be eligible for Medicaid and the MOMS Program. Check the enclosed insert to see if you qualify.

WHAT CAN THE MOMS PROGRAM DO FOR YOU?

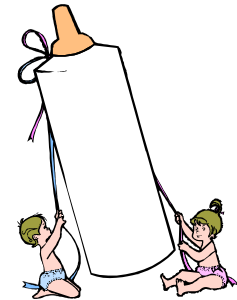
If you are pregnant, the MOMS Program can offer:

- assistance in obtaining prenatal care from a physician or certified nurse mid-wife during pregnancy.
- assistance in obtaining Medicaid services.
- health & childbirth education regarding prenatal care, the labor & delivery process, postpartum care, infant care, parenting skills, family planning options, infant growth & development, HIV counseling & testing.
- assistance in receiving services such as WIC (food assistance), transportation to your doctor's appointments, Lamaze classes, sibling classes, pediatric services, Public Health.

How Does The MOMS Program Work?

When you participate in the MOMS Program, you will meet with a Public Health Nurse on a regular basis. You will also be expected to meet with your doctor separately throughout your pregnancy. It is very important that you keep all of your appointments.

You may call Washington County Public Health Service yourself to schedule an appointment, or your doctor's office can arrange the appointment for you. You will need to schedule as many visits as necessary to have a healthy pregnancy, along with scheduling a postpartum visit up to 8 weeks after the delivery of your baby.



How Much Does The MOMS Program Cost?

There is no charge for services if you are receiving Medicaid benefits.